

## Pentathlon Canada Coach Development Model

Coaching Stream				
NCCP Context	Community	Competitive		
LTD stage(s)	<ul style="list-style-type: none"> <li>o FUNdamentals</li> <li>o Learn to Train</li> </ul>	<ul style="list-style-type: none"> <li>o Train to Train</li> </ul>	<ul style="list-style-type: none"> <li>o Train to Compete</li> </ul>	<ul style="list-style-type: none"> <li>o Train to Win</li> </ul>
Outcome	Community Pentathlon Coach – Fence or Community Pentathlon Coach – Laser-Run or Community Pentathlon Coach - Swim	Comp-Intro Coach	Comp-Dev Coach – Tetrathlon or Comp-Dev Coach – Pentathlon	Comp-HP Coach
Age	14	16	18	18
UIPM CCP Certified Status	Level 1 – Development Coach Level	2 - Coach Level	3 – Senior Coach	Level 4 – Elite Coach
NCCP Trained Status	<ul style="list-style-type: none"> <li>o Safe Sport</li> <li>o Coach Initiation in Sport</li> <li>o Make Ethical Decisions</li> <li>o Fundamental Movement Skills</li> <li>o Teaching and Learning</li> <li>o Planning a Practice</li> </ul>	<ul style="list-style-type: none"> <li>o Basic Mental Skills</li> <li>o Design a Basic Sport Program</li> <li>o Nutrition</li> <li>o Making Head Way in Sport</li> </ul>	<ul style="list-style-type: none"> <li>o Comp-Intro completed training</li> <li>o Managing Conflict</li> <li>o Leading Drug-Free Sport</li> <li>o Coaching and Leading Effectively</li> <li>o Advanced Practice Planning</li> <li>o Developing Athletic Abilities</li> <li>o Prevention and Recovery</li> <li>o Psychology of Performance</li> <li>o Performance Planning</li> </ul>	<ul style="list-style-type: none"> <li>o Comp-Intro and Comp-Dev completed training</li> </ul>
NCCP Certified Status	<ul style="list-style-type: none"> <li>o NCCP Fencing – Community Sport Coaching Workshop</li> <li>Or</li> <li>o NCCP Swimming – Community Sport Coaching Workshop</li> <li>Or</li> <li>o NCCP Athletics – Community Sport Coaching Workshop</li> </ul>		<ul style="list-style-type: none"> <li>For Comp-Dev Pentathlon</li> <li>o NCCP Equestrian – Instructor of Beginners Workshop</li> </ul>	<ul style="list-style-type: none"> <li>o Comp-Intro and Comp-Dev completed certification</li> </ul>
Evaluation for Certification	<ul style="list-style-type: none"> <li>Portfolio:</li> <li>o Practice Plan</li> <li>o Emergency Action Plan</li> <li>o Make Ethical Decisions</li> <li>o Group training evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Portfolio:</li> <li>o Practice Plan</li> <li>o Season Plan</li> <li>o Emergency Action Plan</li> <li>o Make Ethical Decisions</li> <li>o Group training and individual fencing lesson evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Portfolio:</li> <li>o Practice Plan</li> <li>o Yearly Training Plan</li> <li>o Emergency Action Plan</li> <li>o Make Ethical Decisions</li> <li>o Group training (all disciplines) and individual fencing lesson evaluation</li> <li>o Observation in Competition (including briefing and debriefing with evaluator)</li> <li>o Activity report on program</li> <li>o management</li> </ul>	<ul style="list-style-type: none"> <li>o NCI Delivery</li> <li>o Sport Specific Mentorship</li> <li>o Advanced Coaching Diploma</li> </ul>

