

# Canadian National Modern Pentathlon Championships

**May 18 & 19, 2019**

Pentathlon BC would like to invite you to the Canadian Modern Pentathlon Championships. This competition will be part of the selection process for the Pan Am Games in Lima, Peru in July 2019.

## Venue information:

Riding – Maple Ridge Equi-Sports Centre 21973 132 Avenue, Maple Ridge BC V4R 0A7

Swimming – Walnut Grove Pool □ 8889 Walnut Grove Drive, Langley BC V1M 2N7

Fencing and Laser Run – Walnut Grove Secondary School 8919 Walnut Grove Drive, Langley BC V1M 2N7

## Schedule of Events:

### **May 18 Saturday**

12:00 MREC Technical Meeting

13:00 MREC Jury Ride

*riding competition to follow*

18:00 Walnut Grove Pool Swim (25m) warm up

18:20 *swim heats begin*

### **May 19 Sunday**

09:00 Walnut Grove Secondary School fencing

13:00 Walnut Grove Secondary School laser run

*Awards and Pan Am Games team announcement to follow*

To register, please go to [this link](#).

Additional:

Lunch will be provided on Sunday

Sunday a la carte wrap-up event: 6 pm at The Old Spaghetti Factory. Gluten Free, Vegan, Vegetarian and Carnivore options are available

20077 - 91A Avenue, Langley BC, V1M 3A2

This is a Google Map of the competition venues and area hotels: <https://tinyurl.com/y3uhmken>

We suggest booking accommodation as soon as possible as it is a holiday weekend.